

Dear People of God,

As I was contemplating the "Christ-mass" or the Holy Eucharist we have just celebrated, I remembered something I read by Matthew Kelley - an excerpt follows:

There is great power in the Eucharist. We don't go to Mass to socialize. We don't go to be entertained. We go to receive. We go to Mass to be fed and nourished by the Word of God - both in Scripture and in Sacrament. Open your heart, open your mind, and open your spirit.

Life is not about what sort of shoes you wear. It's not about what street you live on. It is not about how much money you have in the bank or what sort of car you drive. It's not about whether or not you get that promotion, or where you and your family vacation each year. Life is not about who you have dated, who you are dating, or who you married. It is not about whether you made the football team. Life is not about what college you went to, what college may or may not accept you, or what college your children are going to. Life isn't about these things.

Life is about who you love and who you hurt. Life is about how you love yourself and how you hurt yourself. It's about how you love and hurt the people in your life. You can't see these things, but they are powerful and real.

Mass is not about who you sit next to. It's not about which priest says Mass. It's not about what you wear or who is there. Mass is not about the music. It's not even about the preaching. Mass is about receiving the Body and Blood of Christ, not just physically, but spiritually. Perhaps you have been receiving the Eucharist physically every Sunday for your whole life. Next Sunday, prepare yourself, be conscious of the marvel, the wonder, the mystery, and receive spiritually.

Rediscover the wonder.

Pax Christi!

Roy